MEDICAL SCHOOL PORTFOLIO ASSESSMENT: Application date:

1. GRADES (Median Science GPA for UM 3.65, Median MCAT 513)
   a. UNDERGRAD SCIENCE GPA:
   b. Graduate Science GPA:
   c. MCAT -

2. ASSESSMENT OF PATIENT/PHYSICIAN-SHIP CONTACT EXPERIENCES: (most schools want at least 3 experiences each 40 hrs, international experiences helpful, and scribing)
   a.
   b.
   c.

3. RESEARCH / SCHOLARLY ACTIVITY OR RESEARCH TRAINING; (posters, presentations, publications)

4. LEADERSHIP AND COMMUNITY SERVICE: (Teaching assistant, Resident Assistant, varsity sports, school clubs, citiyear)

5. OTHER LIFE EXPERIENCE: experiences that give a valuable perspective and foundation for life, experiences demonstrate commitment, dedication and perseverance, has overcome adversity or disadvantages;

6. Additional (Letters of Recommendation, Personal Statement, Interview style):

7. ADVISOR(s) (Name and Position?):

ASSESS each area of your portfolio - along the following scale....remembering that portfolios are continuously developing....where you are today....maybe different from where you are at the time of your Interview. A –OUTSTANDING (top 5%) B. ABOVE AVERAGE (Top 33%) C. AVERAGE (Should be most!) D. BELOW AVERAGE (got some work to do)

Some Resources: Examples of post bacc and pre-med programs:
Scribing; http://www.scribeamerica.com/what_is_medical_scribe.html
Research or Research training: NIH or CDC

https://www.nigms.nih.gov/training/prep/Pages/default.aspx
Something less intense like a summer research training program (example at case western
http://casemed.case.edu/cfar/education-training/minority-training/)
https://www.aamc.org/members/great/61052/great_summerlinks.html

UM programs on research include http://cfar.med.miami.edu/developmental-core/summer-research-awards and
http://www.miami.edu/index.php/undergraduate_research_and_community_outreach/research_opportunities_for_um_undergrads/ and specifically for minorities

http://www.miami.edu/index.php/undergraduate_research_and_community_outreach/funding_opportunities_for_um_minorities/

Leadership and Service - Peace Corp, AmeriCorps (http://www.nationalservice.gov/programs/americorps), Citi year programs